



ARIZONA OFFICE OF
**PROBLEM
GAMBLING**

Warning Signs of Problem Gambling College/University

If you or someone affecting your life can answer “yes” to any of the following questions, please seek further information about problem gambling.

- Preoccupied with gambling (i.e. reliving past gambling experiences, planning the next venture, or thinking of ways to get money with which to gamble)
- Using financial aid money for gambling or to replace money lost at gambling.
- Missing classes, work or social events because of gambling.
- Jeopardizing or losing a significant relationship, job or educational or career opportunity because of gambling.
- Feeling the need to bet more and more money to get the desired effect.
- Lying about the extent of gambling.
- Trying unsuccessfully to control, cut back or stop gambling.
- Gambling as a way of escaping emotional or physical pain.
- Relying on family members, roommates, friends or others to provide money to relieve a desperate financial situation caused by gambling.
- Gambling to try to get your money back.

**For free confidential information and referral
regarding a gambling problem, call**

1.800.NEXT.STEP (1.800.639.8783) or

www.problemgambling.az.gov